





SINGLE MEMBERSHIPS &
DAY PASSES

*Pathways
to wellness,
thoughtfully
curated.*





V SPA RECEPTION

MOVEMENT LAB – FITNESS MEMBERSHIP

Memberships include: Unlimited Movement Lab access.

3 Months

€650

Privilege Bonuses:

1 Technogym fitness assessment,
2 group classes,
2 guest gym passes.

6 Months

€900

Privilege Bonuses:

2 Technogym fitness assessment,
4 group classes,
2 guest gym passes.

12 Months

€1,300

Privilege Bonuses:

4 Technogym fitness assessment,
4 group classes,
4 guest gym passes,
1 Personal training session
1 V SPA 60-min treatment – valid weekdays.

V SPA DAY PASSES PACKAGES

Includes access to the indoor pool, outdoor jacuzzi, sauna, infrared cabin, contrast therapy pools, salt cave and experience showers. Robes, towels and changing facilities are provided.

V SPA Signature Day Wellness Retreat

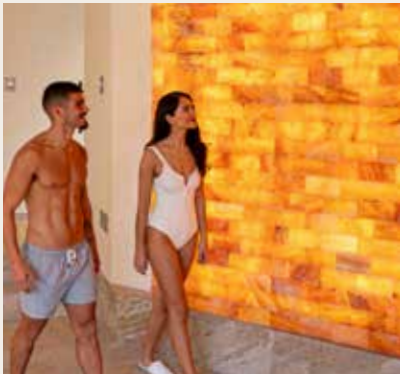
€180 per person

Includes a 60-minute Verdala Signature Massage, €30 food and beverage credit served from 1:00 pm to 6:00 pm, redeemable at The Ridge Pool Bar, and access to our mindful classes at 9:00 am or 3:00 pm. Gym access is not included.

V SPA Day Pass

€130 per person

Includes breakfast served from 7:30 am to 10:30 am at The Griffin Brasserie, a massage of your choice (30-minute foot or scalp massage), and access to our mindful classes at 9:00 am or 3:00 pm. The gym access is not included.



SALT CAVE



CONTRAST THERAPY POOLS



V SPA LOUNGING AREA

V SPA – LIFESTYLE MEMBERSHIP

Memberships include: Unlimited access to the indoor pool, outdoor jacuzzi, sauna, infrared cabin, contrast therapy pools, salt cave and experience showers. Robes, towels and changing facilities are provided.

3 Months

€850

Privilege Bonuses:

2 group classes,
1 V SPA 30-min treatment – valid weekdays.

6 Months

€1,150

Privilege Bonuses:

2 group classes,
2 Guest spa day passes – single use per visit,
2 V SPA 30-min treatment – valid weekdays, not combinable.

12 Months

€1,550

Privilege Bonuses: Verdala welcome gift.

1 Technogym fitness assessment,
4 group classes,
4 Guest spa day passes – single use per visit,
4 V SPA 30-min treatment – valid weekdays, not combinable.

MOVEMENT LAB & V SPA – WELLNESS MEMBERSHIP

Memberships include: Unlimited access to the Movement Lab, indoor pool, outdoor jacuzzi, sauna, infrared cabin, contrast therapy pools, salt cave and experience showers. Robes, towels and changing facilities are provided.

3 Months

€1,000

Privilege Bonuses:

2 group classes,
1 V SPA 30-min treatment – valid weekdays.

6 Months

€1,300

Privilege Bonuses:

2 group classes,
2 Guest spa day passes – single use per visit,
2 V SPA 30-min treatment – valid weekdays, not combinable.

12 Months

€1,850

Privilege Bonusses: Verdala welcome gift.

1 Technogym fitness assessment,
4 group classes,
4 Guest spa day passes – single use per visit,
4 V SPA 30-min treatment – valid weekdays, not combinable.



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COUPLES MEMBERSHIPS

*Shared
journeys
to lasting
wellbeing.*



COUPLE MOVEMENT LAB - FITNESS MEMBERSHIP

All couple memberships include: Unlimited Movement Lab access.

3 Months

€1,175

Privilege Bonuses:

2 Technogym fitness assessment,
4 group classes,
2 guest gym passes.

6 Months

€1,650

Privilege Bonuses:

4 Technogym fitness assessment,
8 group classes,
2 guest gym passes.

12 Months

€2,350

Privilege Bonuses:

8 Technogym fitness assessment,
8 group classes,
4 guest gym passes,
2 Personal training session
2 V SPA 60-min treatment - valid weekdays, not combinable.





INDOOR POOL

COUPLE V SPA – LIFESTYLE MEMBERSHIP

All couple memberships include: Unlimited access to the indoor pool, outdoor jacuzzi, sauna, infrared cabin, contrast therapy pools, salt cave and experience showers. Robes, towels and changing facilities are provided.

3 Months

€1,150

Privilege Bonuses:

4 group classes,
2 V SPA 30-min treatment – valid weekdays, not combinable.

6 Months

€2,100

Privilege Bonuses:

4 group classes,
2 Guest spa day passes – single use per visit,
4 V SPA 30-min treatment – valid weekdays, not combinable.

12 Months

€2,800

Privilege Bonuses: Verdala welcome gift.

2 Technogym fitness assessment,
8 group classes,
4 Guest spa day passes – single use per visit,
8 V SPA 30-min treatment – valid weekdays, not combinable.

COUPLE V SPA – WELLNESS MEMBERSHIP

Memberships include: Unlimited access the Movement Lab & to the indoor pool, outdoor jacuzzi, sauna, infrared cabin, contrast therapy pools, salt cave and experience showers. Robes, towels and changing facilities are provided.

3 Months

€1,800

Privilege Bonuses:

4 group classes,
2 V SPA 30-min treatment – valid weekdays, not combinable.

6 Months

€2,350

Privilege Bonuses:

4 group classes,
2 Guest spa day passes – single use per visit,
4 V SPA 30-min treatment– valid weekdays, not combinable.

12 Months

€3,350

Privilege Bonuses: Verdala welcome gift.

2 Technogym fitness assessment,
8 group classes,
4 Guest spa day passes – single use per visit,
8 V SPA 30-min treatment – valid weekdays, not combinable.



MOVEMENT LAB OUTDOOR SPACE



INFRARED SAUNA

Terms & Conditions

- Opening hours
 - Movement Lab** Mon–Sun: 06:00–22:00
 - Indoor pool** Mon–Sun: 08:00–20:00
 - Outdoor jacuzzi** Mon–Sun: 08:00–20:00
 - V SPA facilities** Mon–Sun: 08:00–20:00
- Advance booking is required.
- Food & beverage credit is redeemable at the hotel's operating outlet on the day of visit, where applicable.
- All prices are per person and inclusive of VAT.
- Guests must be 18 years or older. Individuals aged 16 or 17 may be permitted entry only with written parental or guardian consent.

Connect with Our Wellness Concierge

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STEP INTO YOUR ELEMENT.
FEEL THE *flow* OF WELLNESS.



